

# THE DISCRETE SKELETON METHOD AND A TOTAL VARIATION LIMIT THEOREM FOR CONTINUOUS-TIME MARKOV PROCESSES

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**Abstract.**

In this paper we consider the discrete skeleton Markov chains of continuous-time Markov processes and give sufficient conditions for the recurrence of the skeleton chains. As an application of these results we consider a total variation convergence theorem for the transition probability function of a continuous-time Markov process.

**0. Introduction.**

Kingman [6] studied for a continuous-time Markov process  $\{X_t, t \geq 0\}$  on a countable state space the discrete skeleton Markov chain  $\{X_{n\delta}, n = 0, 1, \dots\}$ ,  $\delta > 0$ , and deduced from known convergence results of the latter process convergence results for the continuous-time process. In a recent work Winkler [13] uses discrete skeletons and known decomposition theorems for Markov chains when proving decomposition theorems for continuous-time Markov processes.

The main purpose of the present paper is to prove a total variation convergence result for a continuous-time, recurrent Markov process  $\{X_t\}$  on a general locally compact separable state space  $S$ . More specifically, we shall give sufficient conditions for the convergence of the integral  $\int_0^\infty \|\lambda P_t\| dt$ , where  $\lambda$  is a finite signed measure on the Borel  $\sigma$ -field  $\mathcal{B}$  of  $S$  with total mass  $\lambda(S)$  zero, and  $P_t$  denotes the transition probability function of the process (Theorem 2). We also construct a recurrent potential kernel  $G$  satisfying

$$\lim_{t \rightarrow \infty} \left\| \lambda \int_0^t P_u du - \lambda G \right\| = 0 .$$

On one hand our results complement the earlier results of Duflo and Revuz [3], who proved that  $\lim_{t \rightarrow \infty} \|\lambda P^t\| = 0$  under certain recurrence and regularity conditions, and on the other hand the corresponding results (convergence of

sums of transition probabilities) for discrete-time Markov chains (see Cogburn [2], Griffeath [4], Nummelin [8]).

We also give (see Theorem 1) sufficient conditions for the recurrence of the skeleton chains  $\{X_{n\delta}; n=0, 1, \dots\}$  and for the regularity (in the sense of Nummelin [8]; see also Proposition 1.2 below) of probability measures with respect to the skeleton chains. For other studies on the recurrence of the skeleton chains see Winkler [13] and Arjas, Nummelin and Tweedie [1].

**1. Notation and preliminaries.**

Let  $S$  be a locally compact separable topological space and let  $\mathcal{B}$  denote the Borel  $\sigma$ -field of  $S$ . Denote  $\mathbf{R}_+ = [0, \infty)$ ,  $\mathbf{N}_+ = \{1, 2, \dots\}$ ,  $\mathbf{N} = \{0, 1, 2, \dots\}$ ,  $\mathcal{R}_+ =$  the Borel  $\sigma$ -field of  $\mathbf{R}_+$ ,  $l =$  the Lebesgue measure. Let  $\{X_t, t \in \mathbf{R}_+\}$  be a strong Markov process on  $(S, \mathcal{B})$  with transition probability function  $P_t(x, E)$ , ( $t \in \mathbf{R}_+$ ,  $x \in S$ ,  $E \in \mathcal{B}$ ).  $P_t$  satisfies

$$(1.1) \quad P_0(x, E) = 1_E(x) = 1(0) \quad \text{if } x \in E \text{ (} x \notin E \text{),}$$

$$(1.2) \quad \text{for fixed } t, x, P_t(x, \cdot) \text{ is a probability measure on } \mathcal{B},$$

$$(1.3) \quad \text{for fixed } t, E, P_t(\cdot, E) \text{ is a measurable function on } S,$$

$$(1.4) \quad \text{for all } t, s, x, e, P_{t+s}(x, E) = \int_S P_t(x, dy)P_s(y, E).$$

We denote by  $(\Omega, \Sigma)$  the canonical sample space  $(\otimes_{\mathbf{R}_+} S, \otimes_{\mathbf{R}_+} \mathcal{B})$  of  $\{X_t\}$ , and by  $\theta_s: \Omega \rightarrow \Omega$  the translation operator

$$\theta_s X_t(\omega) = X_{t+s}(\omega), \quad t, s \in \mathbf{R}_+, \omega \in \Omega.$$

We denote by  $\mathbf{P}_\mu$  the canonical probability measure on  $\Sigma$  corresponding to the initial distribution  $\mu$  and transition probability  $P_t$ ; for  $\mu = \varepsilon_x$ , the probability measure assigning unit mass to  $x \in S$ , we write  $\mathbf{P}_{\varepsilon_x} = \mathbf{P}_x$ . In the following the abbreviation ‘‘a.s.’’ means ‘‘ $\mathbf{P}_x$ –a.s. for all  $x \in S$ ’’. We shall assume that  $\{X_t\}$  has right-continuous sample paths a.s.

Let  $\tau$  be an arbitrary stopping time (relative to  $\{X_t\}$ ). We define the iterates of  $\tau$  by

$$(1.5) \quad \tau_0 = 0, \quad \tau_{n+1} = \tau_n + \tau \circ \theta_{\tau_n}.$$

We denote for all  $A \in \mathcal{B}$ ,  $\delta > 0$ ,

$$(1.6) \quad T_A = T_A^{(0)} = \inf \{t \in \mathbf{R}_+ ; X_t \in A\},$$

$$(1.7) \quad T_A^{(\delta)} = \inf \{t \in \mathbf{R}_+ ; X_{\delta+t} \in A\},$$

$$(1.8) \quad \tau_A^{(\delta)} = \inf \{n \in \mathbf{N}_+ ; X_{n\delta} \in A\}.$$

DEFINITION 1.1. A set  $A$  is called *recurrent*, provided that the random set  $\{t \in \mathbf{R}_+; X_t \in A\}$  is unbounded a.s., or equivalently, provided that  $T_A^{(\delta)}$  is finite a.s. for some (hence for all)  $\delta > 0$  (note that in our definition we do not require the more usual condition  $\int_{\mathbf{R}_+} 1_A(X_t) dt = \infty$ ).

In Nummelin [8] (cf. also Griffeath [4, Chapter 3.3]) the following result was proved. It is the result we need from Markov chain theory when proving our continuous-time limit theorem.

PROPOSITION 1.2. (Theorem 6.6 of Nummelin [8]). *Let  $\{X_n, n \in \mathbf{N}\}$  be an aperiodic,  $\varphi$ -recurrent (cf. Orey [11]) Markov chain on a general measurable state space  $(S, \mathcal{B})$  ( $\mathcal{B}$  is assumed to be countably generated) with transition probability  $P(x, A)$  ( $x \in S, A \in \mathcal{B}$ ) and invariant measure  $\pi$ . Call a finite measure  $\mu$  on  $\mathcal{B}$  regular, provided that  $E_\mu[\inf\{n \in \mathbf{N}_+; X_n \in A\}]$  is finite for all  $A$  with  $\pi(A) > 0$ . If  $\{X_n\}$  is positive recurrent (that is,  $\pi(S) < \infty$ ), and if  $\lambda$  is a finite signed measure on  $\mathcal{B}$  with total mass  $\lambda(S)$  zero such that  $|\lambda|$  is regular, then*

$$\sum_{n=0}^{\infty} \|\lambda P^n\| < \infty,$$

and there exists a recurrent potential kernel  $G: S \times \mathcal{B} \rightarrow [0, \infty]$  such that for  $\mu$  a finite regular measure,  $\mu G$  is a finite measure, and

$$\lim_{N \rightarrow \infty} \left\| \sum_{n=0}^N \lambda P^n - \lambda G \right\| = 0.$$

REMARK. Note that the above concept of a regular measure should not be confused with the usual topological regularity of a measure on a topological space.

## 2. The main results.

At first we formulate a minorization condition, called (MC). In Theorem 1 we prove that it implies the recurrence (in the sense of Harris [5]) of the skeleton chains. It is also needed when studying the regularity of a given measure with respect to the skeleton chains. In Theorem 2 we combine Proposition 1.2 and Theorem 1 in order to get the total variation convergence results mentioned in Section 0. Recall from Revuz [12, p. 90], the definition of spread-outness: a finite measure  $F$  on  $\mathcal{B}_+$  is called *spread-out*, provided that some convolution multiple  $F^{*k}$  of  $F$  has a non-trivial absolutely continuous component with respect to the Lebesgue measure.

(MC): There exist a stopping time  $\tau$  relative to the process  $\{X_t, t \in \mathbf{R}_+\}$ , a

constant  $\alpha > 0$ , a recurrent, (topologically) closed set  $C \in \mathcal{B}$  and a probability measure  $\nu$  on  $\mathcal{B} \times \mathcal{R}_+$  such that the measure  $\nu(C \times \cdot)$  on  $\mathcal{R}_+$  is spread-out and

$$(2.1) \quad P_x\{X_\tau \in A, \tau \in \Gamma\} \geq \alpha 1_C(x)\nu(A \times \Gamma), \quad x \in S, A \in \mathcal{B}, \Gamma \in \mathcal{R}_+ .$$

Sometimes a suitable minorization condition, satisfied by the transition probability function  $P_t$ , implies (MC):

EXAMPLE 2.1. Suppose that there exist  $\alpha' > 0$ , a transition kernel  $\eta$  from  $(\mathbf{R}_+, \mathcal{R}_+)$  into  $(S, \mathcal{B})$ , and a recurrent, closed set  $C \in \mathcal{B}$  such that

$$\int_{\mathbf{R}_+} \eta(t, C) dt > 0$$

and

$$P_t(x, A) \geq \alpha' 1_C(x)\eta(t, A) \quad \text{for all } t \in \mathbf{R}_+, x \in S, A \in \mathcal{B} .$$

Then we can choose  $\tau$  to be any non-negative random variable, independent of  $\{X_t\}$  and with a strictly positive density function  $f(t)$ , and (MC) holds with

$$\alpha = \alpha' \int_{\mathbf{R}_+} f(u)\eta(u, S) du,$$

$$\nu(dy \times dt) = \left[ \int_{\mathbf{R}_+} f(u)\eta(u, S) du \right]^{-1} f(t)\eta(t, dy) dt .$$

In the following example we give the formulation of (MC) in the most important special case: that is the case, when  $C$  can be chosen to be a one-point set.

EXAMPLE 2.2. Assume that there exist a recurrent point  $a \in S$  (that is,  $\{a\}$  is a recurrent set), and a stopping time  $\tau$  relative to  $\{X_t\}$  such that  $X_\tau = a$  a.s. and the  $P_a$ -distribution of  $\tau$ ,

$$F(\Gamma) = P_a\{\tau \in \Gamma\}, \quad \Gamma \in \mathcal{R}_+ ,$$

is spread out. Then (MC) holds with  $C = \{a\}$ ,  $\nu = \varepsilon_a \times F$ .

The following proposition and its corollary give sufficient conditions for (MC).

PROPOSITION 2.3. Suppose that there exists a non-trivial finite measure  $\varphi$  on  $\mathcal{B}$  such that every set  $A \in \mathcal{B}$  satisfying  $\varphi(A) > 0$  is recurrent. Assume in addition that there exist a stopping time  $\tau'$  relative to  $\{X_t\}$ ,  $E \in \mathcal{B}$  with  $\varphi(E) > 0$  and an

interval  $\Gamma_0 \in \mathcal{A}_+$  such that  $l(\Gamma_0) > 0$  and for all  $x \in E$ ,  $\Gamma \in \Gamma_0 \cap \mathcal{A}_+$  with  $l(\Gamma) > 0$  and all  $\varphi \times l$ -negligible  $N \subset E \times \Gamma_0$

$$(2.2a) \quad P_x\{(X_{\tau_n}, \tau'_n) \in E \times \Gamma \setminus N \text{ for some } n \in \mathbf{N}_+\} > 0,$$

and for all  $y \in S$ ,  $A \subset E$  with  $\varphi(A) > 0$ ,

$$(2.2b) \quad P_y\{X_{\tau'_n} \in A \text{ for some } n \in \mathbf{N}_+\} > 0.$$

Then there exist  $\tau$ ,  $\alpha$ ,  $C$  and  $\nu$  such that (MC) holds.

PROOF. The process  $\{(X_{\tau_n}, \tau'_n), n \in \mathbf{N}\}$  is a Markov renewal process corresponding to the semi-Markov kernel

$$Q(x, A \times \Gamma) = P_x\{X_{\tau'} \in A, \tau' \in \Gamma\}, \quad x \in S, A \in \mathcal{B}, \Gamma \in \mathcal{A}_+.$$

According to Proposition 3.1 of Nummelin [9], and since  $\varphi$  as a finite measure on a locally compact separable space is known to be topologically regular, there exist  $k \in \mathbf{N}_+$ ,  $\alpha > 0$ , a closed set  $C \subset E$  with  $\varphi(C) > 0$  (hence  $C$  is recurrent) and a probability measure  $\nu$  on  $\mathcal{B} \times \mathcal{A}_+$  such that  $\nu(C \times \cdot) \ll l$  and

$$Q^{*k}(x, A \times \Gamma) = P_x\{X_{\tau'_k} \in A, \tau'_k \in \Gamma\} \geq \alpha 1_C(x) \nu(A \times \Gamma).$$

By defining  $\tau = \tau'_k$  we get (2.1).

COROLLARY. Suppose that there exists a non-trivial  $\sigma$ -finite measure  $\varphi$  on  $\mathcal{B}$  such that every set  $A \in \mathcal{B}$  satisfying  $\varphi(A) > 0$  is recurrent. Denote by  $p_t(x, \cdot)$  the density of  $P_t(x, \cdot)$  with respect to  $\varphi$ . If there exist a set  $E \in \mathcal{B}$  and an interval  $\Gamma_0 \in \mathcal{A}_+$  satisfying  $\varphi(E) > 0$  and  $l(\Gamma_0) > 0$ , such that for every  $x \in E$ ,

$$(2.3a) \quad \int_E p_t(x, y) \varphi(dy) > 0 \text{ for } l\text{-almost all } t \in \Gamma_0,$$

and for every  $y \in S$ ,  $A \subset E$  with  $\varphi(A) > 0$ ,

$$(2.3b) \quad \int_{\mathbf{R}_+} P_t(y, A) dt > 0,$$

then there exist  $\tau$ ,  $\alpha$ ,  $C$  and  $\nu$  such that (2.1) holds.

PROOF. Let  $\tau'$  be an exponentially distributed random variable with parameter  $\lambda$ , say, and assume that  $\tau'$  is independent of the process  $\{X_t\}$ . Then for any  $x \in S$ ,  $E \in \mathcal{B}$ ,  $\Gamma \in \mathcal{A}_+$ ,

$$(2.4) \quad E_x[\#\{n \in \mathbf{N}_+ ; (X_{\tau_n}, \tau'_n) \in E \times \Gamma\}] = \int_{\Gamma} \lambda P_t(x, E) dt.$$

Now (2.3) and (2.4) imply (2.2), and Proposition 2.3 can be applied.

Next we come to the main results of this paper:

**THEOREM 1.** (i) (cf. Winkler [13, Theorem 2.1 and Lemma 2.7]) *Assume that (MC) holds. Then the skeleton chains  $\{X_{n\delta}\}$ ,  $\delta > 0$ , possess an essentially unique invariant measure, which we denote by  $\pi$ , and for any  $\delta$ ,  $\{X_{n\delta}\}$  is aperiodic and  $\pi$ -recurrent.*

(ii) *Assume (MC), and that for some (hence for all)  $\delta > 0$*

$$(2.5) \quad \sup_{x \in C} E_x T_C^{(\delta)} < \infty \dots$$

*Then for all  $\delta > 0$ , the skeleton chain  $\{X_{n\delta}\}$  is positive recurrent (that is,  $\pi(S) < \infty$ ), and for any probability measure  $\mu$  on  $\mathcal{B}$  satisfying*

$$(2.6) \quad E_\mu T_C < \infty ,$$

*we have*

$$(2.7) \quad E_\mu \tau_A^{(\delta)} < \infty \text{ for all } A \in \mathcal{B} \text{ with } \pi(A) > 0 ;$$

*that is,  $\mu$  is regular with respect to  $\{X_{n\delta}\}$ .*

**REMARK.** It is clear that we have not necessarily  $\pi(C) > 0$ , that is,  $C$  may well be a transient set for all the skeleton chains  $\{X_{n\delta}\}$ ,  $\delta > 0$ . As an example consider the Ornstein–Uhlenbeck process on  $\mathbb{R}$ . Any point  $a \in \mathbb{R}$  serves as a recurrent point for the process although the stationary measure  $\pi$  (the normal distribution) satisfies  $\pi(\{a\}) = 0$  for any  $a \in \mathbb{R}$ .

**THEOREM 2.** (i) *If for some  $\delta > 0$ , the skeleton chain  $\{X_{n\delta}\}$  is positive recurrent and if  $\lambda$  is a finite, signed measure on  $\mathcal{B}$  with  $\lambda(S) = 0$  and such that  $|\lambda|$  is regular with respect to  $\{X_{n\delta}\}$ , then*

$$(2.8) \quad \int_{\mathbb{R}_+} \|\lambda P_t\| dt < \infty ,$$

*and there exists a non-negative transition kernel  $G$  on  $(S, \mathcal{B})$  satisfying  $|\lambda|G(S) < \infty$  and*

$$(2.9) \quad \lim_{t \rightarrow \infty} \left\| \int_0^t \lambda P_u du - \lambda G \right\| = 0 .$$

(ii) *In particular, if (MC), and for some  $\delta > 0$ , (2.5) hold, and if  $\lambda$  is a finite, signed measure satisfying  $\lambda(S) = 0$  and  $E_{|\lambda|} T_C < \infty$ , then the conclusions of part (i) are valid.*

**PROOF OF THEOREM 1.** (i) Let  $\delta, \rho > 0$  be arbitrary and fixed. At first we shall prove that  $\{X_{n\delta}\}$  is  $\varphi$ -recurrent with  $\varphi$  defined by

$$(2.10) \quad \varphi(A) = \int_{\delta}^{\infty} e^{-\alpha t} (v * P)_t(A) dt, \quad A \in \mathcal{B},$$

where we have used the notation  $(v * P)_t(A) = \int_S \int_0^t v(dy \times du) P_{t-u}(y, A)$ .

Denote  $v_A = v(A \times \cdot)$ ,  $A \in \mathcal{B}$ . Since  $v_C$  is spread out by (MC), we can choose  $\beta > 0$ ,  $k, m_0 \in \mathbf{N}_+$  such that

$$(2.11) \quad v_C^{*k}(du) \geq \beta 1_{[m_0\delta - \delta, m_0\delta + \delta]}(u) du$$

(see Revuz [12, p. 90]). From (MC) we get for all  $x \in C$ ,  $A \in \mathcal{B}$ ,  $\Gamma \in \mathcal{R}_+$ ,

$$(2.12) \quad P_x\{X_{\tau_k} \in A, \tau_k \in \Gamma\} \geq \alpha^k v_C^{*(k-1)} * v_A(\Gamma).$$

Since by assumption  $\{X_i\}$  is strong Markov, we have from (2.1) for all  $t \in \mathbf{R}_+$ ,  $x \in S$ ,  $A \in \mathcal{B}$ ,

$$(2.13) \quad \begin{aligned} P_t(x, A) &\geq \int_S \int_0^t P_x\{X_{\tau} \in dy, \tau \in du, X_t \in A\} \\ &\geq 1_C(x)(v * P)_t(A). \end{aligned}$$

Let now  $A \in \mathcal{B}$  with  $\varphi(A) > 0$  be arbitrary and fixed, and let  $n_0 \in \mathbf{N}_+$  be such that

$$(2.14) \quad \gamma_A = \int_{n_0\delta}^{n_0\delta + \delta} (v * P)_t(A) dt > 0.$$

Denote  $q_0 = m_0 + n_0 + 1$ . Then we have for all  $x \in C$ ,  $u \in [0, \delta)$ ,

$$(2.15) \quad \begin{aligned} P_{q_0\delta - u}(x, A) &\geq \int_S \int_0^{q_0\delta - u} P_x\{X_{\tau_k} \in dy, \tau_k \in dv, X_{q_0\delta - u - v} \in A\} \\ &\geq \alpha^k \int_S \int_0^{q_0\delta - u} v_C^{*(k-1)} * v_{dy}(dv) P_{q_0\delta - u - v}(y, A) \\ &\geq \alpha^k \int_0^{q_0\delta - u} v_C^{*k}(dv) (v * P)_{q_0\delta - u - v}(A) \quad \text{by (2.13),} \\ &\geq \alpha^k \beta \int_{m_0\delta - \delta}^{m_0\delta + \delta} (v * P)_{q_0\delta - u - v}(A) dv \quad \text{by (2.11),} \\ &\geq \alpha^k \beta \gamma_A > 0. \end{aligned}$$

It is easily seen that the bivariate process  $\{(X_{n\delta}, T_C^{(n\delta)}), n \in \mathbf{N}\}$  is a Markov chain with state space  $(S \times \mathbf{R}_+, \mathcal{B} \times \mathcal{R}_+)$ , and that it visits the set  $S \times [0, \delta)$  infinitely often a.s., because  $C$  is a recurrent set for  $\{X_i\}$ . From (2.15) we get for any  $m \in \mathbf{N}$ ,  $y \in S$ ,  $u \in [0, \delta)$

$$\begin{aligned}
 (2.16) \quad & \mathbf{P}_x \{ X_{(q_0+m)\delta} \in A \mid X_{m\delta} = y, T_C^{(m\delta)} = u \} \\
 & \geq \mathbf{E}_x [ P_{(q_0+m)\delta - (m\delta + T_C^{(m\delta)})} (X_{m\delta + T_C^{(m\delta)}}, A) \mid T_C^{(m\delta)} = u ] \\
 & \geq \alpha^k \beta \gamma_A > 0,
 \end{aligned}$$

since by the right-continuity of the sample paths  $X_{m\delta + T_C^{(m\delta)}} \in C$   $\mathbf{P}_x$ -a.s.. From this we conclude that  $\{X_{n\delta}, n \in \mathbf{N}\}$  visits the set  $A$  infinitely often a.s., and so we have proved the  $\varphi$ -recurrence of  $\{X_{n\delta}\}$ .

Let now  $\pi_\delta$  be the essentially unique invariant measure of  $\{X_{n\delta}\}$ , which is known to exist by Harris [5]. As in Winkler [13] we get from the uniqueness of  $\pi_\delta$  that

$$(2.17) \quad \pi_\delta P_{m\delta/n} = \pi_\delta \quad \text{for all } m, n \in \mathbf{N}_+.$$

Let now  $t > 0$  be arbitrary, and let the sequence

$$\{t_{ij}\} \subset \left\{ \frac{m\delta}{n} ; m, n \in \mathbf{N}_+ \right\}$$

converge to  $t$ . As in Winkler [13, the proof of Lemma 2.7], we get from Fatou's lemma for any  $A \in \mathcal{B}$

$$(2.18) \quad \pi_\delta P_t(A) \leq \liminf_{n \rightarrow \infty} \int_S \pi_\delta(dy) P_{t_n}(y, A) = \pi_\delta(A).$$

Hence  $\pi_\delta$  is a subinvariant measure for  $P_t$ . From Nummelin and Arjas [10, Lemma 1], (cf. also Neveu [7, p. 198]) we know that then  $\pi = \pi_\delta$  satisfies (2.18) with equality. From Orey [11, Theorem 7.2 (ii)], we get that, for any  $\delta > 0$ ,  $\{X_{n\delta}\}$  is  $\pi$ -recurrent.

It remains to prove the aperiodicity of every skeleton chain  $\{X_{n\delta}\}$ ,  $\delta > 0$ . Assume the contrary: for some  $\delta > 0$ ,  $d \in \{2, 3, \dots\}$ ,  $\{X_{n\delta}\}$  is periodic with period  $d$ . Let  $\{C_1, C_2, \dots, C_d\}$  be a cycle of  $\{X_{n\delta}\}$  satisfying the conditions of Theorem 3.1 of Orey [11, p. 13]. Then the skeleton chain  $\{X_{nd\delta}, n \in \mathbf{N}\}$  would no more be  $\pi$ -recurrent, since the disjoint sets  $C_1, \dots, C_d$  are closed for this chain and a  $\pi$ -recurrent chain is necessarily indecomposable (Orey [11, p. 34]). From this contradiction we conclude the aperiodicity of every skeleton chain  $\{X_{n\delta}\}$ ,  $\delta > 0$ .

(ii) From the definition of  $T_C^{(m\delta)}$ , and from (2.5) and (2.6) we get

$$\begin{aligned}
 (2.19) \quad & \sup_{0 \leq u < \delta, x \in S} \mathbf{E}_x [\inf \{n \in \mathbf{N}_+ ; T_C^{(n\delta)} \in [0, \delta)\} \mid T_C^{(0)} = u] \\
 & \leq \delta^{-1} \sup_{z \in C} \mathbf{E}_z T_C^{(\delta)} + 1 < \infty,
 \end{aligned}$$

and

$$(2.20) \quad \mathbf{E}_\mu [\inf \{n \in \mathbf{N} ; T_C^{(n\delta)} \in [0, \delta)\}] \leq \delta^{-1} \mathbf{E}_\mu T_C < \infty.$$



Let  $A \in \mathcal{B}$  with  $\varphi(A) > 0$  be arbitrary. Applying Lemma 5.7 of Nummelin [8] with

$$(2.21) \quad \tau = \inf \{n > q_0 ; T_C^{(n\delta)} \in [0, \delta)\} ,$$

$$(2.22) \quad Z_n = 1_{\{X_{(r_{n-1} + q_0)\delta} \in A\}} ,$$

we get from (2.16), (2.19) and (2.20),

$$(2.23) \quad E_\mu \tau_A^{(\delta)} < \infty \quad \text{for all } A \in \mathcal{B} \text{ with } \varphi(A) > 0 ,$$

From (2.13) we get for any  $A \in \mathcal{B}$ ,

$$\pi(A) \geq \pi(C)(v * P)_t(A) .$$

Choosing  $A$  such that  $\pi(A) < \infty$  and  $\varphi(A) > 0$  we conclude that  $\pi(C) < \infty$ . Similarly as we derived (2.21), we get, denoting by  $\pi_C$  the restriction of  $\pi$  to  $C$ ,

$$(2.24) \quad E_{\pi_C} \tau_C^{(\delta)} < \infty ,$$

which proves that  $\{X_{n\delta}\}$  is positive recurrent (cf. Cogburn [2]). Let now  $A \in \mathcal{B}$  with  $\pi(A) > 0$  be arbitrary. We should prove that (2.7) holds. By Cogburn [2, Proposition 3.1], there exists a set  $E \in \mathcal{B}$  with  $\varphi(E) > 0$  such that

$$\sup_{x \in E} E_x \tau_A^{(\delta)} < \infty .$$

The inequality (2.7) now follows from (2.23) and from Cogburn [2, Lemma 3.1]:

$$(2.25) \quad E_\mu \tau_A^{(\delta)} \leq E_\mu \tau_E^{(\delta)} + \sup_{x \in E} E_x \tau_A^{(\delta)} .$$

PROOF OF THEOREM 2. (i). By Proposition 1.2

$$(2.26) \quad \sum_{n=0}^{\infty} \|\lambda P_{n\delta}\| < \infty ,$$

from which we get by the contractivity of  $P_t$

$$(2.27) \quad \int_{\mathbb{R}_+} \|\lambda P_t\| dt = \sum_{n=0}^{\infty} \int_{n\delta}^{n\delta + \delta} \|\lambda P_t\| dt \\ \leq \delta \sum_{n=0}^{\infty} \|\lambda P_{n\delta}\| < \infty .$$

By Proposition 1.2 there exists a non-negative kernel  $G_\delta$  satisfying  $|\lambda|G_\delta(S) < \infty$  and

$$(2.28) \quad \lim_{n \rightarrow \infty} \left\| \sum_{m=0}^n \lambda P_{m\delta} - \lambda G_\delta \right\| = 0 .$$

Denote

$$(2.29) \quad G = G_\delta \int_0^\delta P_u du .$$

Then

$$(2.30) \quad |\lambda|G(S) = \delta|\lambda|G_\delta(S) < \infty ,$$

and for any  $t$ , denoting  $n(t) = \sup \{n \in \mathbf{N}; n\delta \leq t\}$ ,

$$\begin{aligned} \left\| \lambda \int_0^t P_u du - \lambda G \right\| &\leq \left\| \lambda \sum_{m=0}^{n(t)-1} P_{m\delta} \int_0^\delta P_u du - \lambda G \right\| + \\ &\quad + \left\| \lambda P_{n(t)\delta} \int_0^{t-n(t)\delta} P_u du \right\| \\ &\leq \delta \left\| \lambda \sum_{m=0}^{n(t)-1} P_{m\delta} - \lambda G_\delta \right\| + \delta \|\lambda P_{n(t)\delta}\| \rightarrow 0 , \end{aligned}$$

as  $t \rightarrow \infty$  by (2.27) and (2.28).

Part (ii) follows directly from (i) and Theorem 1.

Theorem 2 has the following corollary.

**COROLLARY 1.** (i) *If for some  $\delta > 0$ , the skeleton chain  $\{X_{n\delta}\}$  is positive recurrent with invariant probability measure  $\pi$ , then for  $\pi$ -almost all  $x, y \in S$*

$$(2.31) \quad \int_{\mathbf{R}_+} \|P_t(x, \cdot) - P_t(y, \cdot)\| dt < \infty ,$$

$$(2.32) \quad \lim_{t \rightarrow \infty} \left\| \int_0^t P_u(x, \cdot) du - G(x, \cdot) \right\| = 0 .$$

(ii) *In particular, if (MC), and for some  $\delta > 0$ , (2.5) hold, then we have (2.31) and (2.32) for  $\pi$ -almost all  $x, y \in S$ .*

**PROOF.** For  $\pi$ -almost all  $x \in S$ , the measure  $\varepsilon_x$  is regular (see Nummelin [8, Corollary 5.16 (iii)]).

Finally, let us formulate the preceding general results in the case when there exists a recurrent point for the Markov process  $\{X_t\}$  (cf. Example 2.2).

**COROLLARY 2.** *Assume that there exists a recurrent point  $a \in S$  satisfying the assumptions made in Example 2.2. Then all skeleton chains  $\{X_{n\delta}\}$ ,  $\delta > 0$ , possess an essentially unique invariant measure  $\pi$  and they all are  $\pi$ -recurrent. Moreover if  $E_a T_a^{(\delta)}$  is finite for some  $\delta > 0$ , then  $\pi(S) < \infty$  and for any finite, signed measure  $\lambda$  on  $\mathcal{B}$  satisfying  $\lambda(S) = 0$  and*

$$(2.33) \quad \mathbf{E}_{|\lambda} T_{\{a\}} < \infty ,$$

we have (2.8), and there exists a non-negative transition kernel  $G$  satisfying  $|\lambda|G(S) < \infty$  and (2.9).

ACKNOWLEDGEMENT. I would like to thank Professor Elja Arjas for useful comments on the paper.

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