

# A VARIATIONAL PRINCIPLE FOR THE HAUSDORFF DIMENSION OF FRACTAL SETS

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## Abstract.

Let  $\mathcal{P}(E)$  denote the set of probability measures on a Borel set  $E \subseteq \mathbb{R}^n$ , and let  $\underline{R}(\mu)$ ,  $\bar{R}(\mu)$  denote respectively the lower and upper Rényi dimensions associated with a measure  $\mu \in \mathcal{P}(E)$ . We prove that the Hausdorff dimension  $\dim(E)$  satisfies

$$\dim(E) \leq \sup_{\mu \in \mathcal{P}(E)} \underline{R}(\mu)$$

while, if  $E$  is additionally bounded, the packing dimension  $\text{Dim}(E)$  satisfies

$$\text{Dim}(E) \geq \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu).$$

As a consequence, for any bounded Borel set  $E$  satisfying Taylor's definition of a fractal (i.e.  $\dim(E) = \text{Dim}(E)$ ) we obtain the variational principle

$$\dim(E) = \text{Dim}(E) = \sup_{\mu \in \mathcal{P}(E)} \underline{R}(\mu) = \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu).$$

In addition we provide an example showing that the hypothesis "bounded" cannot be eliminated.

## 1. Introduction.

In recent papers on fractals attention has shifted from sets to measure, cf. [1, 2, 3, 4, 5, 6, 8, 9, 10, 12]. Thus it seems reasonable to make an attempt at finding a relation between the dimension of a fractal  $E$  and parameters connected with measures supported by  $E$ . Such relations have already been investigated, cf. in particular [14, Theorem 1 p. 62] and Young [18]. Our principal result states that if  $E \subseteq \mathbb{R}^n$  is a bounded Borel set satisfying Taylor's definition of a fractal, i.e. the Hausdorff dimension  $\dim(E)$  of  $E$  is equal to the packing dimension  $\text{Dim}(E)$  of  $E$ , cf. [15] and [16], then

$$(1) \quad \dim(E) = \text{Dim}(E) = \sup_{\mu \in \mathcal{P}(E)} \underline{R}(\mu) = \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu)$$

where  $\underline{R}(\mu)$  and  $\bar{R}(\mu)$  denote, respectively, the lower and upper Rényi dimensions and  $\mathcal{P}(E)$  is the family of all Borel probability measures on  $E$ .

Formula (1) is a variational principle – i.e. it establishes an equality between a number naturally connected with a space or a map (in this case  $\dim E$ ) and the supremum of certain numbers connected to a class of probability measures supported by  $E$ . It is well-known that variational principles play a major role in ergodic theory (cf. e.g. [17, Chapter 8-9]) since these principles yield a canonical way of choosing measures. Formula (1) yields in a similar way a canonical way of choosing measures – namely measures  $\mu \in \mathcal{P}(E)$  such that  $\underline{R}(\mu)$  and  $\bar{R}(\mu)$  are close to  $\dim(E)$  and  $\text{Dim}(E)$ . It is interesting to note that our variational principle is formulated in terms of the Rényi dimension since generalised Rényi dimensions play an important part in so-called multifractal analysis, cf. e.g. Rand [13] and the references therein.

We begin in section 2 by collecting the relevant facts and setting the notation. Then in section 3 we derive some auxiliary inequalities and prove the variational principle contained in formula (1).

**2. Preliminaries.**

This section contains a survey of the fractal dimensions which we will consider.

Let  $(X, d)$  be a separable metric space,  $E \subseteq X$  and  $s \geq 0$ . Then the  $s$ -dimensional Hausdorff measure  $\mathcal{H}^s(E)$  of  $E$  is defined by

$$\mathcal{H}^s(E) = \sup_{\delta > 0} \inf \left\{ \sum_{i=1}^{\infty} (\text{diam } E_i)^s \mid E \subseteq \cup_{i=1}^{\infty} E_i, \text{diam } E_i < \delta \text{ for all } i \in \mathbf{N} \right\}.$$

The Hausdorff dimension  $\dim E$  of  $E$  is defined by

$$\dim E = \inf \{s \geq 0 \mid \mathcal{H}^s(E) < \infty\} = \sup \{s \geq 0 \mid \mathcal{H}^s(E) > 0\}.$$

The  $s$ -dimensional packing measure  $\mathcal{P}^s(E)$  of  $E$  is defined in two stages. First put

$$\mathcal{P}_0^s(E) = \inf_{\delta > 0} \sup \left\{ \sum_{i=1}^{\infty} (\text{diam } B_i)^s \mid B_i \cap B_j = \emptyset \text{ for } i \neq j \right.$$

and  $B_i$  is a closed ball of radius at most  $\delta$   
with center in  $E$  for all  $i \in \mathbf{N}$   $\left. \right\}$ .

Then

$$\mathcal{P}^s(E) = \inf \left\{ \sum_{i=1}^{\infty} \mathcal{P}_0^s(E_i) \mid E \subseteq \cup_{i=1}^{\infty} E_i \right\}.$$

The packing dimension  $\text{Dim } E$  of  $E$  is defined by

$$\text{Dim } E = \inf \{s \geq 0 \mid \mathcal{P}^s(E) < \infty\} = \sup \{s \geq 0 \mid \mathcal{P}^s(E) > 0\}.$$

It is a well-known fact that  $\dim E \leq \text{Dim } E$  for all  $E \subseteq \mathbb{R}^n$ , cf. [14].

Two other useful dimensions of a bounded set  $E$  are the upper and lower box dimensions. For each  $\delta > 0$  let  $N_\delta(E)$  be the least number of sets of diameter at most  $\delta$  that cover  $E$ . Then the upper and lower box dimensions of  $E$  are defined by

$$\bar{C}(E) = \limsup_{\delta \rightarrow 0} \frac{\log N_\delta(E)}{-\log \delta}$$

and

$$\underline{C}(E) = \liminf_{\delta \rightarrow 0} \frac{\log N_\delta(E)}{-\log \delta}$$

respectively.

Let us introduce the Rényi dimension. Fix  $\mu \in \mathcal{P}(X)$  and write

$$h_r(\mu) = \inf \left\{ - \sum_{i=1}^{\infty} \mu(E_i) \log \mu(E_i) \mid (E_i)_i \text{ is a countable Borel partition of } X \text{ and } \text{diam } E_i \leq r \right\}$$

for  $r > 0$ . Then the upper and lower Rényi dimensions of  $\mu$  are defined by

$$\bar{R}(\mu) = \limsup_{r \rightarrow 0} - \frac{h_r(\mu)}{\log r}$$

and

$$\underline{R}(\mu) = \liminf_{r \rightarrow 0} - \frac{h_r(\mu)}{\log r}$$

respectively, (cf. [18]).

### 3. Inequalities and the Variational Principle.

We want to prove that

$$(2) \quad \dim(E) \leq \sup_{\mu \in \mathcal{P}(E)} \underline{R}(\mu)$$

for a Borel subset  $E$  of  $\mathbb{R}^n$ , and

$$(3) \quad \text{Dim}(E) \geq \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu)$$

for a bounded Borel subset  $E$  of  $\mathbb{R}^n$ . Both proofs are based on the following result:

**THEOREM 1.** *Let  $E \subseteq \mathbb{R}^n$  be a Borel set. Then the following assertions hold:*

i)

$$\dim(E) = \sup_{\mu \in \mathcal{P}(E)} \left( \inf_{x \in E} \liminf_{r \searrow 0} \frac{\log \mu(B(x, r))}{\log r} \right).$$

ii) *If*

$$E \subseteq \left\{ x \mid \limsup_{r \searrow 0} \frac{\log \mu(B(x, r))}{\log r} \geq \alpha \right\} \text{ and } \mu(E) > 0,$$

*then*

$$\text{Dim}(E) \geq \alpha.$$

**PROOF.** i) Follows easily from [14, Theorem 1]. ii) Follows from [14, Theorem 1], however see also Theorem 3.2 of [5].

We begin with three small technical lemmas

**LEMMA 2.** *Let  $\mu$  be a Borel probability measure on  $\mathbb{R}^n$ . Let  $E$  be a Borel set,  $t \geq 0$  and  $\delta \in ]0, 1[$ . Suppose*

$$\log \mu(B(x, r)) \leq t \log r$$

*for all  $x \in E$  and  $r \in ]0, \delta[$ . Then*

$$\underline{R}(\mu) \geq \mu(E)t.$$

**PROOF.** Let  $r \in ]0, \delta[$  and  $(E_i)_i$  be a partition of  $\mathbb{R}^n$  such that  $\text{diam}(E_i) \leq r$ . Let  $I = \{i \mid E_i \cap E \neq \emptyset\}$ . If  $i \in I$  then we can choose a point  $x_i \in E_i \cap E$  such that  $E_i \subseteq B(x_i, r)$ , whence

$$(4) \quad \log \mu(E_i) \leq \log \mu(B(x_i, r)) \leq t \log r \text{ for } i \in I.$$

By (4) we have

$$\begin{aligned} - \sum_i \mu(E_i) \log \mu(E_i) &\geq - \sum_{i \in I} \mu(E_i) \log \mu(E_i) \geq - \sum_{i \in I} \mu(E_i) t \log r \\ &= - \mu \left( \bigcup_{i \in I} E_i \right) t \log r \geq - \mu(E) t \log r. \end{aligned}$$

Since the partition  $(E_i)_i$  was arbitrary this inequality implies that

$$h_r(\mu) \geq - \mu(E) t \log r \text{ for } r \in ]0, \delta[$$

whence

$$\underline{R}(\mu) = \liminf_{r \rightarrow 0} - \frac{h_r(\mu)}{\log r} \geq t \mu(E).$$

LEMMA 3. Let  $F \subseteq \mathbb{R}^n$  be a bounded Borel set and  $r > 0$ . Then there exists a finite collection  $F_1, \dots, F_m$  of disjoint Borel sets with  $\text{diam}(F_i) \leq r$  such that  $F \subseteq \cup_i F_i$  and such that for each  $i$ , there exists an  $x_i \in F$  satisfying

$$B(x_i, \frac{1}{4}r) \subseteq F_i.$$

PROOF. Construct a sequence of balls  $B(x_1, \frac{1}{2}r), B(x_2, \frac{1}{2}r), \dots$  such that  $x_i \in F$  and  $d(x_i, x_j) > \frac{1}{2}r$  for  $i \neq j$ . Because  $F$  is totally bounded this process must terminate at some finite stage, giving balls  $B(x_1, \frac{1}{2}r), \dots, B(x_m, \frac{1}{2}r)$  such that any  $x \in F$  must satisfy  $\min_i d(x, x_i) \leq \frac{1}{2}r$  (consequently  $F \subseteq \cup_{i=1}^m B(x_i, \frac{1}{2}r)$ ). Note that the smaller balls  $B(x_1, \frac{1}{4}r), \dots, B(x_m, \frac{1}{4}r)$  are disjoint. Set

$$\begin{aligned} F_1 &= B(x_1, \frac{1}{2}r) \setminus \bigcup_{j=2}^m B(x_j, \frac{1}{4}r) \\ F_i &= B(x_i, \frac{1}{2}r) \setminus \left( \bigcup_{j=1}^{i-1} F_j \cup \bigcup_{j=i+1}^m B(x_j, \frac{1}{4}r) \right) \text{ for } i = 2, \dots, m-1 \\ F_m &= B(x_m, \frac{1}{2}r) \setminus \bigcup_{j=1}^{m-1} F_j. \end{aligned}$$

It is clear that the  $F_i$ 's are disjoint, and since  $B(x_1, \frac{1}{4}r), \dots, B(x_m, \frac{1}{4}r)$  are disjoint we can conclude that  $B(x_i, \frac{1}{4}r) \subseteq F_i$  and  $F \subseteq \cup_i F_i$ .

LEMMA 4. Let  $E \subseteq \mathbb{R}^n$  be a bounded Borel set and  $\mu \in \mathcal{P}(E)$ . Let  $F \subseteq E$  be a Borel set,  $t \geq 0$  and  $\delta \in ]0, 1[$ . Assume

$$\log \mu(B(x, r)) \geq t \log r$$

for all  $x \in F$  and  $0 < r < \delta$ . Then

$$\bar{R}(\mu) \leq t + \mu(E \setminus F) \bar{C}(E \setminus F).$$

PROOF. Let  $r \in ]0, \delta[$  and choose by Lemma 3 a finite pairwise disjoint covering  $(F_1, \dots, F_m)$  of  $F$  with  $\text{diam} F_i \leq r$  and such that there exists points  $x_i \in F$  for all  $i$  satisfying

$$B(x_i, \frac{1}{4}r) \subseteq F_i.$$

The set  $E \setminus F$  can be covered by  $N = N_r(E \setminus F)$  closed balls  $B_1, \dots, B_N$  of diameter at most  $r$ . Define  $Q_1, \dots, Q_N$  by

$$\begin{aligned} Q_1 &= (B_1 \cap (E \setminus F)) \setminus \cup_j F_j \\ Q_i &= (B_i \cap (E \setminus F)) \setminus (\cup_j F_j \cup \cup_{j=1}^{i-1} Q_j) \text{ for } i = 2, \dots, N. \end{aligned}$$

Then  $F_1, \dots, F_m, Q_1, \dots, Q_N$  are disjoint sets of diameter not exceeding  $r$ , and

$$E = \cup_i (F_i \cap E) \cup \cup_i Q_i, \quad \cup_i Q_i \subseteq E \setminus F.$$

Hence

$$\begin{aligned}
 h_r(\mu) &\leq - \sum_{i=1}^m \mu(F_i \cap E) \log \mu(F_i \cap E) - \sum_{i=1}^N \mu(Q_i) \log \mu(Q_i) \\
 &= - \sum_{i=1}^m \mu(F_i) \log \mu(F_i) - \sum_{i=1}^N \mu(Q_i) \log \mu(Q_i) \\
 &\leq - \sum_{i=1}^m \mu(F_i) \log \mu(B(x_i, \frac{1}{4}r)) - \sum_{i=1}^N \mu(Q_i) \log \mu(Q_i) \\
 &\leq - \sum_{i=1}^m \mu(F_i) t \log(\frac{1}{4}r) - \sum_{i=1}^N \mu(Q_i) \log \mu(Q_i) \\
 &\leq -t \log(\frac{1}{4}r) - \sum_{i=1}^N \mu(Q_i) \log \mu(Q_i).
 \end{aligned}$$

We know that if  $p_1, \dots, p_k \geq 0$  and  $\sum_{i=1}^k p_i = s \in [0, 1]$  then in fact  $-\sum_{i=1}^k p_i \log p_i \leq s \log k - s \log s \leq s \log k + \frac{1}{e}$ . Therefore

$$\begin{aligned}
 h_r(\mu) &\leq -t \log(\frac{1}{4}r) + \sum_{i=1}^N \mu(Q_i) \log N + \frac{1}{e} \\
 &\leq -t \log(\frac{1}{4}r) + \mu\left(\bigcup_{i=1}^N Q_i\right) \log N_r(E \setminus F) + \frac{1}{e} \\
 &\leq -t \log(\frac{1}{4}r) + \mu(E \setminus F) \log N_r(E \setminus F) + \frac{1}{e}
 \end{aligned}$$

for  $r < \delta$ , whence

$$\begin{aligned}
 \bar{R}(\mu) = \limsup_{r \searrow 0} \frac{h_r(\mu)}{-\log r} &\leq \limsup_{r \searrow 0} \left( \frac{t \log(\frac{1}{4}r)}{\log r} + \mu(E \setminus F) \frac{\log N_r(E \setminus F)}{-\log r} - \frac{1}{e \log r} \right) \\
 &\leq t + \mu(E \setminus F) \bar{C}(E \setminus F).
 \end{aligned}$$

We are now ready to prove (2) and (3).

**PROPOSITION 5.** *Let  $E \subseteq \mathbb{R}^n$ . Then the following assertions hold:*

i) *If  $E$  is a Borel set then*

$$\dim E \leq \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu).$$

ii) *If  $E$  is a bounded Borel set then*

$$\sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu) \leq \text{Dim } E.$$

PROOF. i) Let  $t < \dim E$ . Then Theorem 1 part i) implies that there exists a measure  $\mu \in \mathcal{P}(E)$  such that

$$(5) \quad t < \liminf_{r \searrow 0} \frac{\log \mu(B(x, r))}{\log r} \text{ for all } x \in E.$$

Now put

$$E_m = \left\{ x \in E \mid \frac{\log \mu(B(x, r))}{\log r} > t \text{ for } 0 < r < \frac{1}{m} \right\}, \quad m \in \mathbf{N}.$$

Let  $\varepsilon > 0$  and observe that (5) implies that  $E_m \uparrow E$ . We can thus choose an integer  $N \in \mathbf{N}$  so  $\mu(E_N) \geq \mu(E) - \varepsilon = 1 - \varepsilon$ . An application of Lemma 2 then yields

$$\sup_{\lambda \in \mathcal{P}(E)} \underline{R}(\lambda) \geq \underline{R}(\mu) \geq \mu(E_N)t \geq (1 - \varepsilon)t$$

which proves the first part of the proposition since  $t < \dim E$  and  $\varepsilon > 0$  were arbitrary.

ii) Let  $\mu \in \mathcal{P}(E)$  and  $t > \text{Dim}(E)$ . Then Theorem 1 part ii) implies that

$$\limsup_{r \searrow 0} \frac{\log \mu(B(x, r))}{\log r} \leq \text{Dim}(E) \quad \mu\text{-a.s.}$$

and we can thus choose a subset  $F$  of  $E$  with  $\mu(F) = 1$  such that  $\limsup_{r \searrow 0} \frac{\log \mu(B(x, r))}{\log r} < t$  for all  $x \in F$ . Now put

$$F_m = \left\{ x \in F \mid \frac{\log \mu(B(x, r))}{\log r} < t \text{ for } 0 < r < \frac{1}{m} \right\}, \quad m \in \mathbf{N}.$$

An application of Lemma 4 then yields

$$\bar{R}(\mu) \leq t + \mu(E \setminus F_m) \bar{C}(E) = t + \mu(F \setminus F_m) \bar{C}(E).$$

Since  $F_m \uparrow F$  we conclude that  $\bar{R}(\mu) \leq t$ . This completes the proof since both  $\mu \in \mathcal{P}(E)$  and  $t > \text{Dim}(E)$  were arbitrary.

Proposition 5 immediately yields the following variational principle

PROPOSITION 6. *If  $E \subseteq \mathbb{R}^n$  is a bounded Borel set satisfying  $\dim(E) = \text{Dim}(E)$ , then*

$$\dim(E) = \text{Dim}(E) = \sup_{\mu \in \mathcal{P}(E)} \underline{R}(\mu) = \sup_{\mu \in \mathcal{P}(E)} \bar{R}(\mu).$$

It is easily seen that the inequality in Proposition 5) ii) may not hold if the assumption “bounded” is omitted. Indeed put  $E = \mathbb{N}$  and  $q_n = c((n + 1)(\log(n + 1))^2)^{-1}$  for  $n \in \mathbb{N}$  where  $c = 1/\sum_{n=2}^{\infty} \frac{1}{n(\log n)^2}$ , and define  $\mu \in \mathcal{P}(E)$  by  $\mu = \sum_n q_n \delta_n$  (here  $\delta_x$  denotes the Dirac measure concentrated at  $x$ ). If  $0 < r < 1$  and  $(E_i)_i$  is a countable partition of  $E = \mathbb{N}$  then  $(E_i \cap E)_i = (\{n\})_{n \in \mathbb{N}}$ , whence

$$\frac{h_r(\mu)}{-\log r} = \frac{-\sum_n \mu(\{n\}) \log(\mu(\{n\}))}{-\log r} = \frac{-\sum_n q_n \log q_n}{-\log r} = \infty$$

which implies that  $\bar{R}(\mu) = \underline{R}(\mu) = \infty > 0 = \text{Dim}(E)$ .

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